Physical Education

Program Type

Minor

Required Courses

Course Code	Title	Hours
SSD 180	Physical Wellness Dynamics	2
SSD 260	Athletic Training	2
SSD 300	Personal and Community Health	3
SSD 335	History and Philosophy of P.E. and Sport	3
SSD 490	Exercise Physiology	4
BIO 308	Human Anatomy and Physiology I	4
	Total Credits	18

Hillsdale College Catalog