

Sport Psychology

Program Type

Major

Required Courses

Course Code	Title	Hours
BIO 308	Human Anatomy and Physiology I	4
PSY 101	Psychology in the Modern Era	3
PSY 209	Statistics for the Social Sciences	3
PSY 210	Research Methods and Methodology	3
PSY 340	Lifespan Developmental Psychology	3
PSY 341	Social Psychology	3
PSY 342	Principles of Learning and Behavior	3
PSY 344	Biological Psychology	3
PSY 345	Cognitive Psychology	3
SSD 180	Physical Wellness Dynamics	2
SSD 300	Personal and Community Health	3
SSD 335	History and Philosophy of P.E. and Sport	3
SSD 370	Sport Psychology	3
SSD 470	Advanced Sport Psychology	3
SSD 490	Exercise Physiology	4
	Sub-Total Credits	46

Recommended Additional Courses

For specific interests or graduate programs:

Course Code	Title	Hours
SSD 260	Athletic Training	2
SSD 330	Motor Learning and Kinesiology	3
SSD 340	Adapted Physical Education	2
SSD 360	Advanced Athletic Training	3
SSD 492	Functional Anatomy	3
SSD 494	Internship	3-6
PSY 343	Abnormal Psychology	3
PSY 350	Child Psychology	3
PSY 393	Topics in Psychology	1-3

A senior year comprehensive examination is also required.

Total Credits	46
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