

# The George Roche Sports Complex

THE GEORGE ROCHE SPORTS COMPLEX is Hillsdale's primary athletic facility. The 60,000-square-foot Dawn Tibbetts Potter Arena within the Sports Complex includes the following features:

- Three regulation wood floor basketball courts that also hold four regulation volleyball courts
- The game venue for the basketball and volleyball teams, which seats 2,100 and includes the President's Suite and Hall of Fame Room
- Team meeting/video room
- Locker rooms for women's volleyball and basketball, and men's basketball
- Offices for women's volleyball and basketball, men's basketball, and men's golf
- Golf simulator room
- The Fitness Center with the following amenities:
  - Cardio equipment: 10 treadmills, eight ellipticals, four stationary bicycles, two rowers
  - Complete circuit of individual station selectorized strength training equipment
  - Free weights and free exercise space
  - Eight station rock climbing wall
  - 3,200-square-foot wood floor, mirror-lined Exercise Studio with advanced video capabilities
  - Spin cycling room with instructor platform and 24 cycles

In addition, the Sports Complex houses the John "Jack" McAvoy Natatorium with a combination pool and diving area, a sports medicine facility, four racquetball courts, extensive locker room facilities, a varsity strength training room, and coaching and administrative offices. The stadium, with a seating capacity of 6,500, includes "Muddy" Waters Field and Herrick Track, with an artificial (Pro Grass) football field and all-weather Mondo eight-lane running track. The College also has eight outdoor tennis courts and an outdoor basketball/soccer sports court.